

REIVERS

VIDEO TRYOUT DETAILS

FEMALE REQUIREMENTS

STANDING TUMBLING

- TUCK
- OPTIONAL SKILL

RUNNING TUMBLING

- 2 BEST PASSES

COED STUNTS (1 MALE / 1 FEMALE)

- TOSS SHOULDERS
- TOSS IMMEDIATE LIB / OR QP
- STRETCH **
- ARABESQUE**

****PLEASE GET INTO STRETCH/ARABESQUE THE HARDEST WAY YOU CAN. PLEASE SHOW YOUR BEST TWISTING DISMOUNTS AS WELL.**

FIGHT SONG (ASK COACH SNOW FOR THE LINK)

INTERVIEW

- NAME, SCHOOL, CITY, STATE
- WHY DO YOU WANT TO BE A MEMBER OF THE TEAM?
- DESCRIBE WHAT IT TAKES TO BE A GOOD TEAMMATE IN & OUT OF PRACTICE
- GIVE AN EXAMPLE OF YOUR DEDICATION TO A TEAM OR GROUP?

****COMPLETE ONLINE TRYOUT INTERVIEW****