

REINVERS

VIDEO TRYOUT DETAILS

MALE REQUIREMENTS

STANDING TUMBLING

- Tuck (3 times in a row)
- 2 BHS to a Tuck or Full
- Optional Skill

RUNNING TUMBLING

- 2 Best Passes

COED STUNTS (1 MALE / 1 FEMALE)

- Toss Shoulders
- Toss Immediate Lib OR Toss QP
- Full Up – Target Lib
- 2 Optional Skills (Flipping Preferred)

INTERVIEW

- Name, School, AS Gym, City State
- Why do you want to be a member of the team?
- Describe what it takes to be a quality team member in & out of practice.
- Give an example of you putting the team's goals ahead of your own needs/wants.

**** COMPLETE ONLINE TRYOUT INTERVIEW ****

**** SKYPE/FACETIME INTERVIEW w/ KAYLA ****